

Post-Treatment Precautions: Contour Injection

- Makeup and cleansing are possible 2–3 hours after the procedure.
- Swelling or redness usually subsides within 2–3 hours, so there is no need to worry.
- To help the medication spread evenly, gently massage the treated area starting about 10 minutes after the procedure and continue for 1–2 days.
- Temporary symptoms such as tremors, palpitations, or dizziness may occur after the procedure. If these persist for a long time, contact the hospital immediately.
- Mild irregular bleeding may occur after treatment. This usually resolves naturally, but it is recommended to discuss it with your doctor before your next session.
- Drink plenty of water to promote diuretic action and help eliminate fat after the procedure.
- Cold compresses may help reduce swelling.
- Although results vary by individual, it is generally recommended to undergo about four sessions at 1–2 week intervals.



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