

Post-Treatment Precautions: Shurink Lifting

- Cleansing and makeup are possible immediately after treatment.
- Avoid saunas, jjimjilbangs, and other hot and humid environments for about one week after the procedure.
- Avoid alcohol and smoking for one week after the procedure.
- If redness occurs right after treatment, it will naturally fade within 1-2 days, so there is no need to worry.
- When going outdoors during the first week, apply sunscreen (SPF 30 or higher) to protect your skin.
- You may feel a slight tightening sensation in the skin after treatment, so apply plenty of moisturizer.
- For maximum treatment effect, use mineral-based or nourishing (regenerative) packs rather than cold packs.
- Shurink Lifting is generally recommended as four sessions, spaced at 3-month intervals.



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